

# SALSA CARDIO

*with Adrienne Bratton*

**Low Impact cardio class.**

**The movements of salsa,  
cha-cha and bachata foot  
patterns.**

**Have fun to the Music from  
Caribbean.**

**Participants do not need a  
partner.**

**5 minute foot work cool down  
(optional)**

**Use of floor space need is 6' x 6'**

**Don't forget your dancing shoes!**



- **Instructor will provide information regarding logging into class.**

**Loma Alta Park**

**For more information call  
626-398-5451**

**Registration Fee:  
\$ 80.00**

**Ages: 18+ and up**

**Vitrual Class begins September 15,2020  
Tuesday's 6pm -7pm**

*Register now!*

**Register online  
[parks.lacounty.gov/fall20](https://parks.lacounty.gov/fall20)**



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