



#### LA County Parks - Altadena

Loma Alta Park
Charles S. Farnsworth Park

Charles White Park
Triangle Park

Los Angeles
County
Parks & Rec





# WINTER: SPECIAL EVENTS



#### **Farnsworth Park**

Black History Month: February 8, 2024 (6:30pm - 8:30pm)

Emmett Ashford: 1st Black Umpire in Major Leage Baseball



#### Loma Alta Park

Our Spot Teen Event: 3rd Annual MLK Volleyball Tournament January 27, 2024











# UPCOMING: SPECIAL EVENTS

#### **Farnsworth Park**

**Spring Jubilee** March 28, 2024 (5:00pm - 8:00pm)

Women's History Month Saturdays in March (9:00am - 10:00am)

#### Loma Alta Park

Black History Month February 23, 2024 (5:00pm - 7:00pm)

Spring Jubilee March 22, 2024 (3:00pm - 6:00pm)

**Spring PAD** April 4 & April 6: 6:00pm - 9:00pm





#### **1st Place Winners**



Coach: Jeanette Leon



## LOMA ALTA PARK

### SPORTS



#### Loma Alta Park Cheer

Department Cheer Off - January 20, 2024
1st Place Winners - Mini Division
1st Place Winners - Junior Division



#### Loma Alta Park Youth Basketball

Youth Basketball

January - March (10 weeks)



#### Loma Alta Park - Track and Field Clinic

- April 3 June 5
- Wednesdays: 6pm 7pm



#### Loma Alta Park - Youth Baseball

April 1 - June 15th

Registration: Now Open

www.reservations.lacounty.gov

### LOMA ALTA PARK RECREATION CLASSES











#### Tennis Classes (10+ Classes)

The classes teach beginner, intermediate, and advance in the sport of tennis. Students will learn techniques to breakdown the fundamental movements unique to tennis. Players will learn ground strokes, serving, volleys, overheads and various tennis terminology. Participants will build confidence and coordination by learning the various strokes through instruction, drills and play.



#### Cardio Rythm Class

Jan 10 - Feb 14 (5:30pm - 6:30pm) March 6 - April 17 (6pm - 7pm)

A fun fitness class that includes low impact movements, which use muscle conditioning to build strength. All participants will learn different types of versatile workouts. This includes aerobic steps and have fast and slow rhythms. Classes will



#### Palpitating Panthers Jump Rope

March 1 - May 24 (4:00pm - 5:30pm)

Our class teaches the fundamentals of jump rope, from basic single jump to double unders, speed jumping, double dutch, wheel, and more. We provide ropes and all the necessary equipment to learn how to jump rope, whether to stay in shape, train, or just for fun.



# LOMA ALTA PARK RECREATION CLASSES







#### **Urban Ballroom Dance**

Saturdays: 10am - 1pm

**Dance Movement Therapy Thursdays** 

Thursdays 6:30pm - 8:30pm



#### **Soul Sisters Line Dancing**

Thursdays 6pm - 8pm

Saturday: 10am - 1pm



#### We Win Basketball Clinics

Mondays, Tuesdays, Friday:

5:30pm - 6:30pm

Wednesday & Thursday

6:30pm - 7:30pm

Saturday:

10:00am - 12:00pm





# CHARLES S. FARNSWORTH PARK RECREATION CLASSES

# Jazzy Ballet with Ms. Adrienne Bratton

Let's walk with the rhythm of the music!
This 50 Minute class starts with a standing and floor warm-up. It includes short dance combinations and drills to develop techniques. Then there is fun choreography to popular music. The participants will have the opportunity the perform and show their talents. Please wear black leggings and shoes.

# Pre Ballet with Ms. Adrienne Bratton

Let's make dance fun! This 45-minute, structured class consists of age and developmentally-appropriate dance activities. The children will dance and learn etiquette, basic ballet techniques, and 1st and 2nd positions. Please be prepared to perform. Please wear leotards and ballet slippers: pink or black.

# ALTAJAM WITH JOCOBBETT

Alta Jam is about having deep fun, freeing your spirit, and dancing creatively with a supportive crowd of new friends who don't care a bit if you have any fancy moves. Learning to move with freedom and rhythm. Electric music, great space, inclusive Joy. All are welcomed

Tuesdays - 6:45pm - 8:45pm



# Core Community Parternship





## Connect with us.

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